

A skills-development workshop

Psychotherapy with Older Adults



WHEN

Thursday November 2, 2017
6.00pm to 8.00pm (5.45 arrival)

WHERE

EDC
4 Milner Street
Hindmarsh

COST

\$ 80 (Member)
\$ 70 (New Grad Member)
\$ 35 (Student Member)
\$ 105 (Regular)
\$ 45 (Student non-Members)

[Register Now](#)

The Program

We have an ageing population. Now more than ever Social Workers in a variety of contexts will be called upon to respond to seniors' distress. This course builds on existing Social Work knowledge about ageing contexts by adding a thorough psycho-social-emotional understanding of senior distress through a positive psychology lens. This course is particularly relevant for counsellors or those working in a para-therapeutic capacity who wish to direct their skill sets toward the growing number of older adults in our community.

Learning Outcomes

- Learn about positive ageing principles and the five main types of senior distress
- Learn how to assess using the 'mental health and neurological spectrum' and discern suitability for psychotherapy
- Learn about the C.A.R.E. Plan and how it can empower family and facility staff to manage distress
- Understand common barriers related to therapeutic engagement and how to overcome them
- Learn how mainstream psychological practices can be adapted to suit an older adult clientele

Meet the presenter

Felicity works as a Mental Health Social Worker at Northern Health Network in Adelaide and in private practice. She has over 20 years experience in psychotherapy and began specializing in work with advanced seniors and their carers in 2009. In 2016 she was a nominee for the AASW South Australian Social Work Practitioner of the Year Award. She is a member of the Psychology Ageing Interest Group and is a sessional lecturer and tutor for the University of Adelaide in the Graduate Program of Counselling and Psychotherapy.

To register your attendance and pay please visit our website www.aasw.asn.au. If you require an invoice please select the "Pay via B-Pay" option or alternatively complete the **Registration Form** and send along with your cheque to the AASW SA office on aswsa@asw.asn.au or fax 8463 5981. Visit www.aasw.asn.au for more information.



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REGISTRATION FORM

This form becomes a Tax Invoice/Receipt upon completion

To secure a place, please complete this registration form and email to aaswsa@aasw.asn.au

| | |
|-----------------------|----------|
| First name: | Surname: |
| Work place: | |
| Phone: | Mobile: |
| Email: | |
| Dietary Requirements: | |

Payment Details

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|-----------------------|--------------------|
| AASW Members | \$80 |
| AASW New Grad Members | \$70 |
| AASW Student Members | \$35 (limited no.) |
| Non-members | \$105 |
| Student non-members | \$45 (limited no.) |

Event Details

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|----------|-------------------------------------|
| When | Thursday November 2, 2017 |
| Times | 6.00pm to 8.00pm |
| Location | EDC 4 Milner Street Hindmarsh |

Registration includes light refreshments

Cancellation Policy: No refunds after: 20 October 2017 **Closing date: Monday October 30, 2017**

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|--|--|---------------|
| Credit card: Visa / MasterCard | Amount: \$ | (include GST) |
| Card number: | | |
| Name on card: | | |
| Expiry date: | | |
| Signature: | CVV number: | |
| <i>Cheque:</i> Payable to AASW (SA) AASW SA Education Development Centre Level1, 4 Milner St, Hindmarsh, SA 5007 | <i>Direct Deposit:</i> BSB: 062 919 Account Number: 10149878 Please enter your reference or receipt number: | |
| <i>Further contacts:</i> Miriam Hobson—SA Branch Office Manager or Carolyn Wass— Branch Administration officer Email: aaswsa@aasw.asn.au Phone the AASW SA Branch: 08 8463 5911 | | |